

FREQUENTLY ASKED QUESTIONS

Q: What is the March of the Living Program and who participates in this experience?

A: March of the Living is part of the single largest Jewish educational program for teens and adults in the world. The March of the Living brings together individuals from multiple countries and regions around the world to spend time in Poland surrounding Yom HaShoah, Holocaust Memorial Day. The trip allows participants to learn about the Jewish community that once thrived in Poland as well as encountering the present-day resurgence of Jewish culture and life in Poland. The time in Israel will allow participants to experience Yom HaZikaron, Israel's Memorial Day, and celebrate Yom HaAtzmaut, Israel's Independence Day.

Q: What are the dates of the Sinai Temple Adult March of the Living Delegation?

A: The official program begins on the morning of Friday, May 3rd in Krakow, Poland, however, for the convenience of all participants, the program fee will include accommodations only on the evening of Thursday, May 2nd. The Poland portion of the program will end in Warsaw, Poland on Thursday afternoon, May 9th. Participants can elect to return back to the USA at this time or continue with the group to Israel, with an expected arrival in Israel the evening of May 9th. The Israel portion of the program will conclude on Tuesday evening, May 14th. Each participant is responsible for their own flight arrangements to Poland-arrival to Krakow and return from Warsaw. If you elect to travel to Israel, the return from Israel and the flight to Poland is the responsibility of each individual. The flight from Warsaw to Tel Aviv is included in the price of the full program.

Q: Is this a really depressing trip?

A: The March of the Living journey to Poland and Israel allows participants to encounter the richness and anguish of our past, the vitality of the present, and the hope for our future. Visiting the sites in Poland, while filled with emotion, is also both positive and uplifting, because you will share moments of both sadness and joy with people from all over the world. The Israel portion of the trip is powerful and inspiring. Participants come away creating long-lasting bonds and experiencing a life-changing event.

Q: What Covid 19 protocols will be in place during the program?

International March of the Living will comply with any governmental regulations determined by Poland and the State of Israel in regard to Covid-19 at the time of travel.

Q: Is security a program concern?

A: Security and safety are a high priority throughout the March. MOTL delegations travel with at least one-armed security guard per bus, and all site visits are checked and cleared by security in the mornings and before groups arrive. March of the Living International works with the highest levels of law enforcement and government in Poland and Israel.

Q: What religious practices or expectations are there; is the food kosher?

A: The program is set up to accommodate the religious needs of all its participants. Buses do not operate on Shabbat and all food in Poland and Israel is certified kosher.



SINAI TEMPLE LOS ANGELES 2024 ADULT MARCH OF THE LIVING DELEGATION



Q: Is the trip very strenuous?

A: While there is a fair amount of walking, it is not overly difficult. It is important to wear the correct shoes for being on your feet for several hours per day. There are opportunities at any given location to sit and rest.

Q: If my passport is expired, or if I do not have a passport, what should I do?

A: Passports can be renewed or applied for at your local post office. A copy of the picture page of the renewed passport must be submitted to Sinai Temple. Applicants also must have a valid passport with expiration date on or after Nov. 15, 2024.

Q: Should one purchase Trip Protection/Cancellation Insurance? Does the March provide Health Insurance?

A: The International March of the Living does not provide this type of insurance; however, **it is highly recommended** that you purchase a travel insurance policy that includes both medical and emergency evacuation coverage. A list of travel insurance companies that previous participants have utilized will be shared with all registered participants. Please note if you want to purchase Cancel for Any Reason Insurance, you must do so within 21 days of first payment for any aspect of the program. The International March of the Living does not provide health insurance. **All participants must have health insurance in place to cover both emergency and/or routine medical services overseas.** If your health insurance does not cover routine and emergency medical services that happen abroad, you must purchase a short-term supplemental travel health insurance policy that covers the duration of the trip.

Q: Is my March of the Living Trip considered tax deductible?

A: MOTL is not a tax-deductible item because the trip engages in an exchange of goods and services.

Q: Do you need a visa to enter Poland and Israel?

A: US Citizens do not require a visa to enter either Poland or Israel. If you are a citizen of another country, please check with both the Polish and Israeli Consulates to see if a visa is required for entrance.

Q: What is the program fee and how and when will I be able to apply to participate in the Sinai Temple Adult MOTL Delegation?

A: The cost of the program will include all hotels (4 and 5 stars), museum and site entrance fees, guides, historian, ground transportation, and the majority of meals. The price will not include flights to and from Poland or return from Israel. Please note each delegation's forms and procedures are specific. An outline of the cancellation policy will be included with the application. Applications and pricing will be available mid-September and the relevant information and links will be shared at this time.

Q: What is the itinerary for the program?

A: The itinerary varies, but typically includes visiting (in Poland), Krakow, Auschwitz and Birkenau, Warsaw, and Majadanek. In Israel, commemorating Yom HaZikaron (Israel Memorial Day) and celebrating Yom HaAtzmaut (Israel Independence Day), includes visits to places of historical and contemporary significance.

Q: If I have additional questions or concerns, whom should I contact?

A: For specific questions about the Sinai Temple MOTL Adult Program, please contact Monise Neumann, National Consultant for International March of the Living at monise@motlmail.org - 818.621.0278. More information about MOTL can be found on the International March of the Living website at www.motl.org.